

MEETING HEALTH QUESTIONS OF THE MONTH
WAI – 2012

- December If you have time in abstinence beyond 90 days, are you waiting for members who do not yet have 90 days to raise their hands to read so that they, too, can reap the benefits of service?
- November At your meetings, are you refraining from engaging in activities that might distract others? Such activities may include texting, talking or whispering, leaving your phone on (even on vibrate), chewing gum drinking water, talking back to the speaker or putting on hand lotion.
- October Is your meeting taking advantage of the Public Information tool kit located on the FA website to carry the message of recovery to your area?
- September Service is essential to our recovery. No amount of service is too small – and it’s never too early to begin. If you don’t yet have your 90 days, are you consistently raising your hand to read at your meetings?
- August Are you making sure the newcomer is taken care of before talking amongst your peers at the break and before and after the meeting?
- July Again, attending business meetings is essential. It supports general meeting health and individual recovery, which, in turn, supports FA as a whole. Sponsors: Are you suggesting that your sponsees attend the business meetings at their committed meetings, regardless of their time in abstinence?
- June If you are not attending the business meetings for your committed meetings, are you talking to your sponsor about your decision?
- May Are members of your meeting standing up to sponsor?
- April Is there cross-talk at your meeting, or are members keeping the focus on their own experience, strength, and hope in their sharing?
- March Do you return FA outreach calls in a timely manner?
- February Are your members arriving at the meeting at least 10 minutes early to set up and greet newcomers?
- January If you hold a service position and you miss your committed meeting and/or Business Meeting, do you arrange to have someone replace you?