



FA Maine Chapter of Eastern Area Intergroup

MAINE CHAPTER MEETING HIGHLIGHTS

Chapter Meeting Date: May 19, 2013 9:00-11:00 a.m.

MEETING ANNOUNCEMENTS:

MEETING EFFECTIVENESS CHECK-IN: (read both at the General meeting and Business Meeting)

Are your EAI/WSI Reps providing copies of the 12th step lists including the Frontier Phone List and the Frontier Sponsor List to your meeting? Are you placing and accepting calls from the Frontier Phone List?

REPORT FROM FA MAINE CHAPTER MEETING – Providing Me/NH Meetings with Support in Reaching Newcomer:

- **The Chapter Secretary and Treasurer** were elected by acclamation on May 19th for two-year terms. Glenny is the newly elected Secretary and Jeanne will continue as Treasurer.
- **Information Sessions are scheduled for: June 12th at 7pm in Scarborough, June 20th at 9am in Freeport and June 15th at 8am in Westbrook.**
- **On Sunday June 23rd** there will be a writing session offered in Augusta following the Chapter meeting. The session will be held immediately after lunch from 1:00 to 2:30. It is open to anyone who has an interest in writing for the Connection or is interested in practicing the tool of writing. Paper, pens and ideas will be provided. All you need to bring is your curiosity, enthusiasm and an open mind. All are welcome, there is no abstinence requirement to participate. We hope to see you there.

Opportunities for Service:

- **Fellows are needed** to assemble packets for the EAI Chapter and Regional Support Weekend in November. FMI Contact Helen at 207-485-2191 or email at MEIGLiaison@foodaddicts.org.
- **The Frontier Phone List** is available on your literature table. Each FA member on this list is at least 100 miles from any FA meeting. Be sure to pick up a list. Your call to someone who may be isolated is important service to help us and others grow and maintain recovery.
- **FA Road Trips** are FA fellows with at least 90 days of abstinence & working with an FA sponsor traveling to share experience, strength and hope. If you would like to join this road trip or future trips please call Sandi D at 207-837-8053 or email: ME12step@foodaddicts.org.

All FA members are invited to join us at the next FA Maine Chapter meeting on Sunday, June 23, 2013. We look forward to seeing you there! FMI Contact Steve A. 207-767-3207, or email MEchair@foodaddicts.org.



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BUSINESS ANNOUNCEMENTS:

- **IMPORTANT:** The FA Website is the only way the newcomer has accurate information for meetings. If your meeting makes changes (contacts, time, or location) please make sure you complete the change form at the website. If you have questions about this process contact Kate V. at MEOffice@foodaddicts.org or call [207-441-1550](tel:207-441-1550).
- **The 12th Step Committee** coordinates the FA Road Trips. If your meeting is interested in hosting a FA Road Trip, email ME12step@foodaddicts.org for additional information.
- **If your meeting has placed FA "Information Booklets"** out in the community. Please check periodically to see if they need to be replaced or updated with new Maine- New Hampshire Meeting Directories.

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At the May Chapter Meeting attendees shared how individual meetings are carrying the message of FA recovery in their communities. It was a great sharing and learning opportunity. Join us as we continue to explore similar topics together and further develop our own recovery by being in connection with other recovering food addicts. All are welcome to attend. FMI Contact Steve A. 207-767-3207, or email MEchair@foodaddicts.org.

In Service and Gratitude,
Shirley H., Maine Chapter Vice Chair

FA Maine Chapter of Eastern Area Intergroup
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