



MAINE CHAPTER *of eastern area intergroup*

HIGHLIGHTS – January 17, 2016

MEETING ANNOUNCEMENTS:

The FA Maine Chapter Meeting will be relocating to Maine General Medical Center Alford Center for Health beginning February 21st. Due to an increase in rent for our current space, the board felt it prudent to find another location. We are very grateful and excited with our beautiful new space. Directions: if heading south or north on I-95 take exit 113 then follow the blue hospital signs to the MGHC Campus. When you enter the hospital check with the receptionist at the front desk to be directed to the meeting rooms.

Mark your calendars: This year's Maine Meeting Support Day will be on Saturday, April 16th starting at 1 pm at the University of Maine in Augusta. The theme is "Carrying the Message". There will be a panel, interactive break-out sessions, fellowship and fun activities to share. The next MSD planning meeting is February 7th at 2pm by conference call (805-360-1000, access code: 45706#). FMI call Marina at 207-522-8999 or email ME12thstep@foodaddicts.org

The Public Information Committee ran an ad for 10 weeks in the Bangor area which has helped individuals learn about FA and find a meeting. Beginning in January, a 10 week ad will be running in the midcoast area. The committee plans to place ads in the Coastal Maine, Central Maine and Portsmouth NH areas in the coming weeks.

Highlight of the Month: One way to do service is to help a meeting that is requesting support by committing to attend that meeting for a period of time. Both the meeting and the FA member who is willing to do service strengthen their recovery. FMI call Marina at 207-522-8999 or email ME12thstep@foodaddicts.org

Frontier Phone Call: The second international Conference call will be taking place on 2/21/16 at 2:30 in the afternoon. The topic of the call is, "Service-how those on the frontier can get involved". 1-To join the call dial 641-715-3810 then enter the access code 111441#.

The next FA Chapter meeting will be Sunday, February 21st at 9:30am in Augusta at Maine General Medical Center Alford Center for Health. If the meeting is cancelled due to weather a message will be placed on the Information Line by 6am. FMI Contact Steve A. 207-767-3207, or email MEchair@foodaddicts.org.



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BUSINESS MEETING ANNOUNCEMENT

From the Office Committee: If you are holding a service position that receives emails: Chapter, EAI, WSI, Connection, etc.- Are you are receiving the necessary reports? We help keep our meetings strong and healthy by sharing these emailed reports with our fellows during the announcement section of our meetings. If you are not receiving the reports, there are a few simple things you can do that will help get you connected. Contact the Office Committee, at meoffice@foodaddicts.org or call Kate V. at 207-441-1550, for details and assistance.

Are you interested in strengthening your recovery and helping others know that FA recovery exists in local communities around Maine and Southern NH? Several of your chapter board members will complete their terms of service in May. Now is the time to start talking with your sponsors and sponsees about ways that you might make a difference for the Maine Chapter. If you have ideas, at least two years of abstinence, have completed at least one AWOL, believe in the strength of fellowship and have a willingness to learn new skills, talk to one of these people: your meeting Chapter Contact, a current Chapter board member, or call the FA information line to have a board member call you.

Reminders:

The FA Maine Chapter mailing address has changed. The new address is: PO Box 373, Augusta, Maine 04332-0373. A special thanks to Roberta, who has collected the mail for the FA Maine Chapter at the Scarborough location for many years.

FA Books can be purchased for \$12.00 at the Maine Chapter Meeting. By purchasing the book at the Chapter Meeting you can save shipping costs.

Meeting Directory Racks are available at the Chapter Meeting. Meeting Directory Trifolds placed in the community are a great way to carry the message of FA Recovery. Please notify Jan at 207-622-1106 prior to the Chapter Meeting to let her know how many racks you would like to have available at the next FA Chapter meeting.

FA Maine Chapter, PO Box 373, Augusta, Maine, 04332-0373, 207-775-2132
