



MAINE CHAPTER *of eastern area intergroup*

HIGHLIGHTS – August 17, 2014

MEETING ANNOUNCEMENTS:

REPORT FROM THE August FA MAINE CHAPTER MEETING

Maine Chapter Monthly Meeting bringing Me/NH meetings together to grow FA recovery with those who have found us and spreading the word to those who need us.

- **12th Step Committee Highlight of the Month:** If you can speak, you can write. Have some fun and join us on Sunday, September 21st for a new and improved writing session following the fellowship lunch from 12:30-2:00 p.m.!!
- **The Public Information Committee** is excited to report 4 fellows from the Maine Chapter told their stories of food addiction and recovery at UMA for an on-line class being offered through the Addiction Program this fall. Currently 100 students are registered for the class. This was a wonderful service that will show fruit in the future when these student's are working with their clients who may have addictive behavior with food.

Opportunities for Service:

- **From the 12th Step Committee:** Service opportunity: An FA Road Trip is planned for the Bath Friday, 6 P.M. meeting on October 10th. If you would like to join the us, please contact Jim S. at 647-2016 or email: jimjs@hotmail.com.
- **The PI Committee** is looking for one or two members willing to compile a list of all Health Fairs throughout the state. This would be a one time service that would be very helpful in getting the word out to fellow food addicts. FMI contact Arlene at 469-3627.
- **Fellows needed to staff the FA booth at the Cancer Survivor's Day at the Alford Center in Augusta** on Saturday, September 13, 2014. FMI contact Lenann C. at 623-8375 or Judy B at 623-2052.

The next FA Maine Chapter meeting will be held on Sunday, September 21st at 9:30am at the University of Maine Augusta. FMI Contact Steve A. 207-767-3207, or email MEchair@foodaddicts.org.

FA Maine Chapter, PO Box 1772, Scarborough, Maine, 04070-1722, 207-775-2132



FOOD ADDICTS *in recovery anonymous*

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BUSINESS MEETING ANNOUNCEMENTS

- If you are not receiving Chapter Highlights or Updated Meeting Directories, both are available on-line at Foodaddicts.org under the IG/Chapter menu (for more detailed instructions refer to the Materials to Support Maine Chapter Meetings manual on your literature table). If you are a Chapter Contact and you are not receiving communications from the Chapter, please contact MEOffice@foodaddicts.org or call - Kate V. @ 207-441-1550
- **Thank-a-thons:** It isn't too early for your meeting to start planning a Thank-a-thon for Thanksgiving. Email: ME12thstep@foodaddicts.org or contact Marina S. At 207-522-8999 for more information.
- The Chapter has sold all the FA Books from Meeting Support Day. If your meeting is in need of books please order directly from the FA Website.
- **Speaker's List:** The 12th Step Committee is looking for your meeting's suggestions about how effective the Speaker's List has been for your Speaker Seeker. Please take a few minutes and discuss whether you would like to have this list continued, and offer any suggestions about how your meeting could use this list, or a similar service list in the future. Send your findings to Marina at ME12thstep@foodaddicts.org or call her at 522-8999.
- **Any meetings in need of the Information Booklets and literature racks,** to carry the message of FA Recovery in offices throughout your community, may get them at your monthly Chapter Meeting.

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In Service and Gratitude,
Shirley H., Maine Chapter Vice Chair
