

## MAINE CHAPTER of eastern area intergroup

**MEETING HIGHLIGHTS – August 18, 2013**

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### MEETING ANNOUNCEMENTS:

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**MEETING EFFECTIVENESS CHECK-IN:** (read both at the General meeting and Business Meeting)

Do members of your meeting attend Chapter and/or Intergroup?

### REPORT FROM FA MAINE CHAPTER MEETING – Providing Me/NH Meetings with Support in Reaching Newcomer:

- **The next Connection Writing Session** will be held September 15<sup>th</sup> from 1:00 to 2:30p at UMA after the fellowship lunch which immediately follows the Chapter. Please join us, it is a great way to explore the tool of writing and develop this helpful practice.
- **Information Sessions will be held:** Thursday September 19<sup>th</sup> in Lewiston at 6:30p and Tuesday October 8<sup>th</sup> in Scarborough at 9am
- **September 28<sup>th</sup> at 7pm is the Next Chapter Conference Call:** The purpose of the call is to provide a place where the meetings of the Chapter can access one another, build connections, share experiences and coordinate to carry the message of FA Recovery. Chapter contacts and all interested members are welcome. The Conference Call number is 805-360-1000 access code 457064#. FMI contact Shirley at 207-837-8053 or [MEvicechair@foodaddicts.org](mailto:MEvicechair@foodaddicts.org)
- **Save the date:** EAI Chapter, Region, Meeting Support Weekend will be held November 2 and 3 this years theme is: "Service: Fulfilling the Promises". Registration information will be coming soon.

### Opportunities for Service:

- **The Frontier Phone List** is available on your literature table. Each FA member on this list is at least 100 miles from any FA meeting. Your call to someone who may be isolated is important service to help us and others grow and maintain recovery. Fellows have found it helpful to use international phone cards or skype to make calls. FMI contact Sybille at 207-406-2352
  - **The Meeting Support Committee** The Maine Meeting Support Committee will serve as a resource to the FA/Maine meetings listed in the Chapter Directory and by connecting, supporting and assisting the meetings to maintain meeting health and to support the individuals who do service within those meetings. Initially this committee will be the group who develops the plan and structure for the 2014 Meeting Support Day. If you would like to learn more contact Marina at [MEoffice@foodaddicts.org](mailto:MEoffice@foodaddicts.org)
  - The next FA Maine Chapter meeting on Sunday, September 15, 2013 at 9:30am. FMI Contact Steve A. 207-767-3207, or email [MEchair@foodaddicts.org](mailto:MEchair@foodaddicts.org).
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### **BUSINESS ANNOUNCEMENTS:**

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- If your meeting is planning an **Information Session** we will list it on the FA website. Please submit date, time and location to Arlene, PI Chair at [MEPI@foodaddicts.org](mailto:MEPI@foodaddicts.org)
- **Treasurers** when making a Chapter donation please note on the check's memo which meeting it is coming from. You can also use the Donation Form located on the website. FMI contact the Jeanne, Chapter Treasurer at 207-210-6400 or [METreasurer@foodaddicts.org](mailto:METreasurer@foodaddicts.org)
- **FA Road Trips** bring a group of speakers to a meeting at their request. If your Meeting would like to schedule a Road Trip please contact Sandi D at 207-837-8053 or email: [ME12thstep@foodaddicts.org](mailto:ME12thstep@foodaddicts.org).
- **When taking on a new service position at your meeting**, please log on to [www.foodaddicts.org](http://www.foodaddicts.org) to update your member profile or to create a profile if your are new to service.
- Meeting Change requests can only be completed if you have a member profile on the FA website. Call Kate 441-1550 or Lila 465-8249 for assistance or more information.
- **It is time to begin planning for Thanksgiving Thank-a-Thons.** If your meeting is interested in hosting a Thank-a-Thon please contact Sandi from the 12<sup>th</sup> Step Committee at 207-838-8991 or [ME12thstep@foodaddicts.org](mailto:ME12thstep@foodaddicts.org)

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In Service and Gratitude,  
Shirley H., Maine Chapter Vice Chair

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PO Box 1722 Scarborough, ME 04070-1722 207-775-2132 or 1-888-998-5297 MEOffice@foodaddicts.org www.foodaddicts.org