



MAINE CHAPTER *of eastern area intergroup*

HIGHLIGHTS – June 22, 2014

MEETING ANNOUNCEMENTS:

REPORT FROM FA MAINE CHAPTER BOARD MEETING – Providing Me/NH Meetings with Support in Reaching Newcomer:

The 12th Step is about carrying the message here is one way we can do that: **Say “Yes” when you want to say, “No”!**

12th Step Committee Service-of-the-Month:

Need help with that FA piece you’re writing? We have a writing coach right here in ME. Email Glenny at Glenny.dunbar@gmail.com for writing support.

For more information call Marina at 522-8999 or email Me12thstep@foodaddicts.org

Opportunities for Service:

- **Call a fellow on the Frontier phone list.** Lists are available on the literature table. Each fellow on the list is at least 100 miles from their closest meeting. This is a tremendous opportunity to support a fellow food addict in FA recovery!

Please join us for the next FA Maine Chapter meeting which will be held on Sunday, July 20th at 9:30am at the University of Maine Augusta. FMI Contact Steve A. 207-767-3207, or email MEchair@foodaddicts.org.

FA Maine Chapter, PO Box 1772, Scarborough, Maine, 04070-1722, 207-775-2132



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BUSINESS MEETING ANNOUNCEMENTS

- A successful way to help others know that recovery from food addiction exists is through free calendar and community listings in local newspapers. This month the Chapter PI Committee is asking local meetings for help to help identify these papers. If listings are current, please be sure your meeting information is accurate. If you find a paper without a listing, check to see if they offer "free calendar and community listings". If they are available, ask them to post one. The PI kit has a guide to posting newspaper listings. It can be found online at www.foodaddicts.org. For questions about newspaper listings or for assistance with PI activities, call Arlene at 207-735-7956 or email her at mepi@foodaddicts.org.
- Save the shipping cost and buy your FA Books at the next Maine Chapter Meeting. The Chapter has 16 FA Books left which are available for purchase. FMI Contact Lila F. lfinlay270@roadrunner.com 207-465-8249.
- FA Road Trips bring a group of speakers to a meeting at their request. If your Meeting would like to schedule a Road Trip please contact Marina at 207-522-8999 or email: ME12thstep@foodaddicts.org

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In Service and Gratitude,
Shirley H., Maine Chapter Vice Chair

fa | FOOD ADDICTS *in recovery anonymous*

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