



**FOOD ADDICTS** *in recovery anonymous*

MAINE CHAPTER *of eastern area intergroup*

## **HIGHLIGHTS – December 13, 2015**

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### **MEETING ANNOUNCEMENTS:**

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- **A FA Road Trip** is scheduled for the Thursday 6:30pm Lewiston meeting on January 14th. If you would like to participate email Marina S. at [ME12thStep@foodaddicts.org](mailto:ME12thStep@foodaddicts.org) or call at 442-8547. This meeting and other smaller meetings around the state would appreciate additional support each week. Fellows at these meetings would enjoy hearing new voices. Sharing our recovery with others is a great way to practice service. Consider supporting a different meeting once a month to boost your own recovery and help others with theirs.
- **Meeting Support Day 2016:** New ideas and schedule are in the works for this spring's MSD. The Theme this year will be "Carrying the Message". The meeting will take place on Saturday afternoon, April 16th, followed by a fellowship BYO supper and a sharing meeting. The Chapter meeting will be held the next morning, on Sunday April 17th. The MSD committee is a great opportunity for short term service. The next MSD planning meeting will be January 17<sup>th</sup> after the Chapter meeting: Join us in person or by conference call. FMI email: [marinasinger@comcast.net](mailto:marinasinger@comcast.net) if you would like to participate.
- **Are you interested in strengthening your recovery? Are you interested in helping others know that FA recovery exists in local communities around Maine and Southern NH?**  
Several of your chapter board members will complete their terms of service in May. Now is the time to start talking with your sponsors and sponsees about ways that you might make a difference for the Maine Chapter. If you have ideas, at least two years of abstinence, have completed at least one AWOL, believe in the strength of fellowship and have a willingness to learn new skills, talk to one of these people: your meeting Chapter Contact, a current Chapter board member, or call the FA information line to have a board member call you. Remember: service to others is a core of recovery.
- **The next FA Chapter** meeting will be Sunday, January 17<sup>th</sup> at 9:30am at the University of Maine Augusta in Randall Hall. If the meeting is cancelled due to weather a message will be placed on the Information Line by 6am. FMI Contact Steve A. 207-767-3207, or email [MEchair@foodaddicts.org](mailto:MEchair@foodaddicts.org).



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### BUSINESS MEETING ANNOUNCEMENT:

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- **It was announced at the December Chapter Meeting that January 17<sup>th</sup> is the Chapter deadline for motions for the WSI Business Convention.** These motions will be reviewed by an ad hoc committee convened by the Bylaws Chair. If your meeting has a motion it can be submitted to Joe P Bylaws Chair at [MEBylaws@foodaddicts.org](mailto:MEBylaws@foodaddicts.org)
- **At the October Chapter Meeting a fellow asked if there was any FA document that addressed whether a member needs 90 days of abstinence to make an announcement during a meeting.** Joe, Bylaws Chair, reviewed the FA Meeting Standards and Requirements documents and spoke with the EAI Bylaws Chair. He reported in November that there is no documentation regarding meeting announcements at meetings by members with less than 90 days, so the decision is left to the autonomy of each meeting.

### Reminders:

- **The FA Maine Chapter mailing address changed in November.** The new PO Box is in a location central to the Maine Chapter meetings.

PO Box 373  
Augusta, Maine 04332-0373

Please make sure all correspondence to the Chapter has the correct address.

- **FA Books** can be purchased for \$12.00 at the Maine Chapter Meeting. By purchasing the book at the Chapter Meeting you can save shipping costs.
- **Meeting Directory Racks** are available at the Chapter Meeting. Meeting Directory Trifolds placed in the community are a great way to carry the message of FA Recovery. Please notify Lenann at 207-623-8375 prior to the Chapter Meeting to let her know how many racks you would like to have available at the next FA Chapter meeting.