



MAINE CHAPTER of eastern area intergroup

HIGHLIGHTS – August 16, 2015

MEETING ANNOUNCEMENTS:

- **All FA members are invited to join us at the first FA Maine Chapter Sharing and Fellowship Meeting.** On September 20, 2015, Maine Chapter members are hosting a Sharing Meeting from 1:00-2:30pm at the University of Maine in Augusta. This Meeting is being held on the afternoon of the Maine Chapter meeting. Join us for the full day or for any part of the day: Chapter Meeting 9:30-11:30, Fellowship Lunch 11:30-1:00 (BYOL) and Sharing Meeting 1:00-2:30. Come share your experience, strength and hope in FA Recovery and meet new fellows from throughout the Maine Chapter area.
- **Fellows needed to help staff the FA Information Table at the Health Fair in Augusta** at the Alford Center for Health. The Health Fair is Saturday, September 12th from 1-5pm. This is a great opportunity to carry the message of FA Recovery to food addicts who still suffer. Fellows with 90 days of abstinence work along side members with two or more years of abstinence at the FA Table. FMI or to offer your service contact Bob at 207-441-0983.
- **A FA Road Trip** is planned for the Saturday, October 3rd 8:30 a.m Blue Hill meeting. Homes in the area are available to spend Friday night. FMI Call Marina S. at 207-522-8999 or Email:ME12thStep@foodaddicts.org
- **Fall FA Information Sessions are scheduled for:**
 - Thursday, September 17 at 6:30pm in Lewiston
 - Saturday, October 10 at 8am in Westbrook
 - Wednesday, October 14 at 7:00pm in Scarborough
 - Monday, October 19 at 6:30pm in Westbrook
 - Monday, November 30 at 6:30pm in Bangor
- **Service Opportunity** - We are building a team - Can you come to the Chapter Meeting (usually the 3rd Sunday morning of the month) early and help arrange chairs in the main meeting room, tape up signs for committee breakout rooms, and turn on the equipment for Office Committee use? No experience needed -All you need is willingness and the physical ability to move a chair. If this sounds like something you could do occasionally, please contact Mary Jane, 210-5511 or emailmeoffice@foodaddicts.org



MAINE CHAPTER of eastern area intergroup

HIGHLIGHTS – August 16, 2015

BUSINESS MEETING ANNOUNCEMENT:

- **Maine Chapter Sharing and Fellowship Meeting Phone List Exchange on September 20.** Are there fellows from your FA Meeting that would be willing to receive calls from FA Fellows throughout the FA Maine Chapter? The FA Sharing Meeting will offer a great opportunity for a Phone List Exchange. If your meeting would like to participate bring 50 copies of your phone list to share. There will be a table for phone lists from all meetings who choose to participate.
- **Reminder: All FA Meetings were due to re-register by August 31st.** If your meeting has questions or needs assistance with re-registration call Kate V, Office Committee Chair at 207-441-1550 or email MEOffice@foodaddicts.org. The primary purpose for this process is this is to ensure that no matter where in the world one finds an FA meeting, one can readily recognize and find FA recovery in that room. Re-registration also ensures your meeting's listing on the FA Website so that food addicts can find your meeting.
- **FA Books** can be purchased for \$12.00 at the Maine Chapter Meeting. By purchasing the book at the Chapter Meeting you can save shipping costs.
- **Brochure Racks** will be available at the Chapter Meeting. Brochure racks placed in the community are a great way to carry the message of FA Recovery. Please notify Lenanne at 207-623-8375 prior to the Chapter Meeting to let her know how many racks you would like to have available at the meeting.

All FA members are encouraged to attend the next Maine Chapter Meeting on Sunday, September 20th at 9:30am at the University of Maine Augusta. FMI Contact Steve A. 207-767-3207, or email MEchair@foodaddicts.org.

FA Maine Chapter, PO Box 1772, Scarborough, Maine, 04070-1722, 207-775-2132
