



MAINE CHAPTER of eastern area intergroup

HIGHLIGHTS – March 19, 2017

MEETING ANNOUNCEMENTS: Please read the following in its entirety.

Lila F, FA ME Chapter Secretary and Sandi D, FA ME Chapter Treasurer will complete their second two year terms in May. We are grateful for their service over the past four years.

Nominations for Secretary and Treasurer will be accepted at the April 30th Chapter Meeting. Election for both positions will be held on May 21, 2017 at the Chapter meeting. For information regarding the positions see the EAI Bylaws Articles 4, 5 and 6. The Treasurer's position requires access to a computer and basic computer skills. The Treasurer pays the bills and keeps track of the budget in general, which is done using the computer program 'Quicken'. **For more information contact Shirley H at 207-837-8053 or email MEchair@foodaddicts.org**

The 10th Annual Meeting Support Weekend will be held on April 29-30, 2017. Please register ASAP online or at your local FA Meeting. This year we will be celebrating the Maine Chapter's 15th anniversary with interactive discussions, activities and fellowship designed to strengthen our recovery. The Trifold with information of the day's events is on your literature table. Rooms are available at the Senator Inn in Augusta for a very reasonable rate that includes breakfast. **Please contact Marina S. at 522-8999 or MEVicechair@foodaddicts.org** if you have questions. Volunteers are always welcome. **Registration for Meeting Support Weekend is Easy:** Log on to your profile page on the FA Website and click on "Maine Chapter Weekend" in the Profile Links Box. Done! The Office Committee will have 2 computers available at MSW to assist people who need to update their Profiles on the FA Website.

An Information Session is scheduled for April 4th in Scarborough 9 a.m. at St Maximillian Church, 150 Black Pt. Rd.

FA Information tables staffed by FA fellows will be at three April events:

- 4/1: Inland Hospital Annual Health Fair at Thomas College 9 a.m.-2 p.m.
- 4/22: Bucksport Health Center 9 a.m.-2 p.m.
- 4/27-28: Maine Nurse Practitioner Annual Spring Conference, Lincolnville-2 full days
FMI contact Beth W, PI Chair at 207-408-5742 or email MEPIChair@foodaddicts.org

Let's work together to carry the message of FA Recovery from food addiction. May 10th is the 1st Maine FA Awareness Day Blast!!! Join FA Fellows in the fun of distributing FA information to carry the message of recovery in your community. The 12th Step and PI Committees will be supplying meeting directory trifolds, literature racks, FA posters, waiting room booklets and the health professional pamphlets at Meeting Support Weekend. These resources may be placed in the community at businesses, health provider offices and other public venues with permission.

Sunday, May 21st Save the date: Join FA fellows for a Connection Magazine Writing Session following the fellowship lunch after the Chapter meeting.

June Danvers FA Business Convention News: Hotel rooms at the group rate are very limited. If you have a reservation that you know you will not use, please email convention@foodaddicts.org to cancel. If you call the hotel directly, the room will be released to the public and will not be available to an FA member at the reduced rate. If you are still looking to book a room, please email convention@foodaddicts.org as there may be someone's unused room for you to take.

The next FA Maine Chapter Meeting is Sunday, April 30th from 9:45-11:30 am at Maine General Medical Center in Augusta. FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org.

FA Maine Chapter, PO Box 373, Augusta, Maine, 04332-0373, 207-775-2132

fa | **FOOD ADDICTS** *in recovery anonymous*
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BUSINESS MEETING:

Literature Sales – The Chapter will be selling FA pamphlets, FA grey books, Big Books (hard and soft covers) and the 12 & 12 beginning at Meeting Support Weekend April 29th & 30th. Your meeting will save on shipping costs by purchasing literature at the monthly Chapter meeting. Purchase with cash or checks made payable to the FA Maine Chapter. You may want to consider bringing your own bag to carry your purchases if necessary.

Health Fairs: Consider dropping by one of the health fairs in April to offer support to the volunteers manning our FA Table.

Chapter Meetings: Is your meeting being represented at Chapter each month? You don't have to be the Chapter Contact to attend.