



**MAINE CHAPTER**  
**of eastern area intergroup**

HIGHLIGHTS – June 25, 2017

**MEETING ANNOUNCEMENTS:**

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**Convention Highlights:** Twenty FA fellows from Maine participated at the FA Business Convention in Danvers the first weekend in June. Over 500 members from all over the world were willing to share their experience, strength, hope and patience to help discuss and then vote on 5 motions. By the end of the weekend FA had a new office location, as well as changes in our Meeting Format and Tools, including some changes in wording. The new Format and Living Abstinently pamphlet were made available and should be showing up at our meetings. In addition, Qualification CD's were recorded, a writing session happened, Committees met to offer support and exchange ideas, and many opportunities to hear sharing from recovering food addicts helped ease the stress of the business sessions. Inspiring words from our Vice Chair and Chair, lovely abstinent meals, reuniting with old friends and meeting new ones, fun games and dancing on Saturday night rounded out another great FA experience. Plan for the first weekend in June next year and experience a growth in FA recovery.

**Chapter Contact Liaisons:** Have questions or ideas to share with the Chapter? Each Maine/NH FA meeting has a Chapter Contact who can reach out to a Chapter Board member with any questions, ideas or information that needs addressing.

**The 12<sup>th</sup> Step Committee:**

- Look for the Updated Resource/Service phone list on your literature Table. FA members with 90 days or more are encouraged to sign up on this list as a great way to do service and help their fellows.
- Road Trip Tip: A forward thinking FA member recently encouraged her local fellows to accompany her on two Road trips to support other meetings by sending out an email to them urging them to help her do some important service. Be willing to give it a try.

**The next FA Maine Chapter Meeting is Sunday, July 16 from 9:30-11:30am at Maine General Medical Center in Augusta.** FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org.



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**Meeting Directories:** The Meeting Directories will now be changed every month. It is up to an individual meeting to decide whether to print new directories. The latest issue is always posted on the Maine Chapter Web Page.

**FA Books and Literature:** Your meeting will save on shipping costs by buying FA Books and literature at the monthly Chapter meeting. Meetings may preorder for pickup at the Chapter meeting by emailing the Maine Chapter Office email, (MEOffice@foodaddicts.org.), or just make your selections at the Literature Table at the Chapter meeting.