

**MAINE CHAPTER of eastern area intergroup**

HIGHLIGHTS – March, 2018

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**MEETING ANNOUNCEMENTS**

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**Nominations for Chapter Chair and Vice Chair positions for the 2018-2020 term**

will be taken at the April 29<sup>th</sup> Chapter Meeting at Maine General Medical Center. Qualifications for these positions are: 2 years of abstinence, Completion of 1 AWOL and presently active in an AWOL. Elections will take place at the May Chapter meeting.

**Meeting Support Day:** Come join FA fellows for Fellowship and sharing of recovery on April 29<sup>th</sup>. Online Registration will be open on line until April 20<sup>th</sup>. Please register early to give the planners ample time to prepare for the day. Bring a carful and make the day about you and your recovery.

**IMPORTANT HEALTH CONFERENCE NEEDS YOUR HELP:** The Maine Nurse Practitioner Association is holding its annual conference on Thursday and Friday, April 26-27 at Point Lookout in Lincolnville. Nurse Practitioners from around the state were very interested to talk with FA members about FA recovery at last year's event. Nurse Practitioners regularly meet with people struggling with weight related health issues and consult with Doctors around the state. Your participation will make a difference to someone who is sick and suffering from food addiction issues. If you are able to staff the FA table at any time on Thursday or Friday April 26 or 27, email [MEPI@FOODADDICTS.ORG](mailto:MEPI@FOODADDICTS.ORG) your availability.

**UNE HEALTH AND WELLNESS FAIR:** The March 8 event in Portland was rescheduled to April 25 due to snow. If you are available to staff the rescheduled event on Wednesday April 25 between 9am-2pm at Innovation Hall at the UNE Portland campus, please email [MEPI@FOODADDICTS.ORG](mailto:MEPI@FOODADDICTS.ORG) or call Beth W. at 408-5742.

**FA Information BLAST Day:** Many finding FA recovery say "I wish I found out earlier!" Help us help others in Maine find out on Wednesday May 9. Learn more about this years' FA Information BLAST Day being held on May 9, 2018. Join us for **Meeting Support Day on Sunday April 29 at Maine General Medical Center in Augusta** to pick up free copies of FA posters, meeting directories, information booklets, healthcare provider brochures and more to help assure someone nearby will have an opportunity to learn about FA recovery.

**The next FA Maine Chapter Meeting is Sunday, April 29<sup>th</sup>, 9:00 a.m. at Maine General Medical Center in Augusta.** FMI Contact Shirley H. at 207-837-8053, or email [MEchair@foodaddicts.org](mailto:MEchair@foodaddicts.org).

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**BUSINESS MEETING ANNOUNCEMENTS**

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**Looking for Maine Chapter forms or paperwork at [www.foodaddicts.org](http://www.foodaddicts.org)?** Type the word "Maine" in the search box at the upper right corner of any FA page. You will find a listing of all the Maine Chapter documents listed under the second section titled: Matches found in Downloads. All the important Maine Chapter documents start with the words Maine Chapter. (Ex., to find the Maine Chapter version of the literature order form, type "Maine" in the search box and then look under "matches found in downloads." You will find the form listed as "Maine Chapter Literature Order Form". Check out all the Maine specific documents that start with the words "Maine Chapter". (Searching for Maine documents is now easier than ever!)

**WSI Business Convention** takes place June 1-3 in Danvers, MA. This is a great way to boost our recovery and help keep our FA Program green. The weekend is some business mixed with lots of spiritual growth and fun-filled fellowship. If you haven't attended before, give it a try.

**Meeting Support Day is on April 29<sup>th</sup>:** Online Registration is very simple. Simply log in and in the box of upcoming events on the right click on Meeting Support Day. It will ask you if you want to register, you click on that and you are done. Trifolds should be on your Literature Table that tell you where, when, how to get there and what the day looks like. The Maine General Medical Center in Augusta is easy to find and is a beautiful place to gather. Bring your own lunch and enjoy fellowship in the beautiful hospital cafeteria. Abstinent meals can also be purchased at the cafeteria. Make sure it is being announced often and with enthusiasm.