



FOOD ADDICTS *in recovery anonymous*

MAINE CHAPTER *of eastern area intergroup*

HIGHLIGHTS –June, 2018

MEETING ANNOUNCEMENTS:

Meeting Change: * *The Friday, 6:30 pm Waterville meeting is moving to St. Mark's Church, 60 Eustis Parkway, Waterville, as of June 29th. Check the FA website or call Lila F. at 207-465-8249 for directions.

Meeting Change: **The Thursday, 9:00 am Freeport meeting is moving to the First Baptist Church, 185 Main Street, Freeport, as of July 12th. Check the FA website or call Sandi D. at 207-838-8991 for directions.

Chapter Service Opportunities: If you are interested in the PI Chair, please contact Shirley H. at 207-837-8053 for more information.

New Literature Coordinator: Many thanks to Jan M. for getting our literature sales off to such a great start this year. Jan will be mentoring Sharon L. who will be taking over Literature Sales for the Maine Chapter.

PI New Resource to Educate Healthcare Providers: FA is piloting a 28 slide presentation that explains FA. It defines food addiction, specific medical concerns improvements and shares data from the 2016 FA member survey. It also demonstrates multiple specific health benefits that result from FA membership, abstinence and support. Reach out to a healthcare professional today and let them know that FA members are interested in providing a presentation to them and their colleagues to help them understand the FA solution. Email mepi@foodaddicts.org for more information, to request a presentation to a healthcare professional or to find out how you can present this information to healthcare providers you know.

Information Session: The Brunswick 9 a.m. meeting will be hosting an Information session on Monday, September 17th.

The next FA Maine Chapter Meeting is Sunday, July 15, 9:30 a.m. at Maine General Medical Center in Augusta. There will no Chapter meeting in August. FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org.



MAINE CHAPTER *of eastern area intergroup*

HIGHLIGHTS –June, 2018

BUSINESS MEETING ANNOUNCEMENTS

7th Tradition Donation: Thank you for your meeting's 7th Tradition donation to the Maine Chapter. Over the past 12 months your generous donations have helped to fund:

- * FA Booths at 6 Health Fairs, a Health Care Provider Conference and a Faith Leaders Conference
- * Maine Meeting Support Day
- * FA Maine Information Phone Line and Post Office Box
- * Meeting Directories, Flyers and Racks for meetings to spread awareness about FA in their communities
- * Maintain a FA Literature Sales Booth at the Maine Chapter Meeting
- * Donations to WSI (\$1,750) and EAI (\$1,750)

FA Books and Literature ordering reminder: Your meeting will save on shipping costs by buying FA Books and Literature at the monthly Chapter meeting. If you are able to order ahead of time, your order will be easily proceeded and picked up at the Chapter meeting. However, literature is available for purchase even if it isn't ordered ahead of time. Your meetings literature person may either contact the MEOffice@foodaddicts or send the order to [FA Maine Chapter Office at P.O. Box 373 Augusta, ME 04332-0373](#). Our new sales coordinator, Sharon L. can be reached at 465-3489.

Office Committee: Is your meeting consistently updating the literature table with the most recent copies of The Meeting Directory, The 12th Step List, The Frontier List, Gratitude in Action, and Chapter Highlights? Updated copies of these documents are sent out regularly, usually a week or so after the monthly Chapter Meeting. They are sent to the Chapter Contact, WSI Contact and the EAI Contact, for the meeting whose responsibility includes printing and bringing them to the meeting. In the coming months, we will be providing paper copies of the Meeting Directory at Chapter Meeting for your convenience.