



MAINE CHAPTER *of eastern area intergroup*

HIGHLIGHTS – July 2018

MEETING ANNOUNCEMENTS:

The Primary Purpose of the FA Maine Chapter is to operate on a regional level to spread the word about FA to the still-suffering food addict and others such as medical professionals, clergy and employers. The Chapter also serves as a communication hub to promote unity and share resources among the meetings.

Thank you: to Marianna C who accepted the position of Bylaws Chair for the FA Maine Chapter

Chapter Service Opportunity: If you are interested in the PI Chair, please contact Shirley H. at 207-837-8053 for more information.

The following meetings are requesting speakers to lead a meeting:

Blue Hill, Saturday 8:30am: call Jean 707-332-0140 or 207-326-4672

Ellsworth, Wednesday 6:30pm: call Howard 207-299-5013

Rockland, Saturday 8:30am: call Billy 207-975-1215

Thomaston, Wednesday 11am: call Billy 207-975-1215

Augusta, Tuesday 6:30pm: call Lila F. 207-465-8249

Waterville, Friday 6:30pm: call Kathie R. 207-660-6261

Help is needed to staff the FA Booth on September 8th at the Cancer Survivor's Day at Maine General Medical Center. If you have 90 days of abstinence and are willing to share your experience strength and hope with others for 1-2 hours, call Judy 207-629-8490. If you have never participated in a health fair, no worries, you will always be partnered with an experienced FA member.

The Chapter was invited by a medical student at University of New England to participate in a pop-up Community Health Fair on July 22. Thanks to FA members from the Biddeford, Dover, Freeport, Portsmouth, Scarborough and Westbrook meetings who quickly mobilized to staff the FA booth.

Meeting Directories: The Freeport and Waterville meetings have relocated. The June or July 2018 meeting directories are up to date with this information.

Save the Date: The Maine 12th Step Committee will be hosting a Writing Session and Fellowship Lunch on Saturday October 27th at 10am at Larrabee Village in Westbrook. All are welcome!

Information Session: The Brunswick 9am meeting will be hosting an information session on Monday, September 17th.

There will not be a Chapter Meeting in August.

The next FA Maine Chapter Meeting is Sunday September -16th from 9:30-11:30am at Maine General Medical Center in Augusta. FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org.

FA Maine Chapter, PO Box 373, Augusta, Maine, 04332-0373, 207-775-2132



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Business Meeting Announcements:

Office Committee: The Meeting Directory this month has two major changes. If your meeting has printed the June 2018 Meeting Directory, you are current. If the directories on the literature table are prior to June, your Chapter Contact will provide copies of the July 2018 Meeting Directory. June and July Meeting Directories are the same. Please update the directories at your meeting and in racks placed in the community.

12th Step Committee: Is your meeting planning a Thank-a-thon or Gratitude meeting for Thanksgiving? If you would like more information about how to hold a Thank-a-thon or want to list your meeting's Thank-a-thon on the FA website, contact the 12th Step Chair, Helen at 207-485-2191 or ME12thstep@foodaddicts.org.

FA Books and Literature: Your meeting will save on shipping costs by buying FA Books and Literature at the monthly Chapter meeting. FMI or to place an order for pick-up at the meeting call Sharon, Literature Sales Coordinator at 207-660-3489 or email MEOffice@foodaddicts.org