

MAINE CHAPTER of eastern area intergroup

HIGHLIGHTS – April, 2018

MEETING ANNOUNCEMENTS

The Chapter Chair and Vice Chair positions for the 2018-2020 term: Shirley H. from Woolwich was nominated to the Chair Position and Reina D. from Topsham was nominated for Vice Chair. They will be voted into office by acclamation on May 20th.

Meeting Support Day: 60 Grateful FA members from all over New England joined together for our 11th MSD at the Maine General Medical Center in Augusta on Sunday, April 29th. The theme for the Day was **Sharing our Recovery** and the topic was **Service**. The day was full of fellowship and the exchange of ideas on how we can use the tool of service to strengthen our recovery from food addiction. A huge thank you to all who participated in the day and especially to the many members who brought their talents, energy, and time to create a day full of information, sharing and joy.

FA INFORMATION BLAST DAY: Get the word out about the FA Program on Wednesday May 9. FA posters, meeting directories, information booklets, healthcare provider brochures and more should be available at your meeting to help assure someone nearby will have an opportunity to learn about FA recovery

WSI Business Convention takes place June 1-3 in Danvers, MA. If you haven't attended before, give it a try. Friday afternoon is a great time to join hundreds of FA fellows from all over the planet for the Forum followed by Fellowship dinner and a huge sharing meeting that evening.

PI Invitation: Support the June 14-15 Interfaith Ministries Convention in Manchester, NH. If you are available to work at the FA Information table, Email mepi@foodaddicts.org

Thankyou: To those who supported the ME Nurse Practitioner's Conference on April 26-27 and the Senior Wellness Day in Richmond on April 7th.

The next FA Maine Chapter Meeting is Sunday, May20th, 9:00 a.m. at Maine General Medical Center in Augusta. FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org.

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BUSINESS MEETING ANNOUNCEMENTS

Information Sessions: If your meeting is planning an Information Session, be sure to email mepi@foodaddicts.org with the date so it can be published on the FA Website.

Meeting Health: How is your meeting doing? In June a liaison from Chapter Board will be contacting your Chapter Contact to ask how you are doing, and if you need any help. The ME Chapter is all of us, reaching out to help each other with our disease. This month would be a good time for a short discussion to see if there is any need to reach out for support.