

fa | **FOOD ADDICTS** *in recovery anonymous*
MAINE CHAPTER of eastern area intergroup

HIGHLIGHTS – December 17, 2017

MEETING ANNOUNCEMENTS:

Healthcare Letters: As the holiday season comes to a close, give the gift of FA. Check the Maine Chapter business forms on the new FA Website where you will find 2 new guides showing you how to use the “Letter to the Healthcare Professionals” and the “Letter to the Faith Community Leaders”. Learn ways to get the message out to those who have not yet found recovery from food addictions. Your direct contact with your healthcare professionals and faith community leaders can be a new beginning for someone. Give generously.

Writing Session Reminder: A writing session is planned for Saturday, January 6 following the Brunswick 9 a.m. meeting. The writing session lasts about 90 minutes. A bring-your-own fellowship lunch will follow afterwards in the hospital cafeteria.

Meeting Closure: The Lewiston Meeting will close at the end of December.

Meeting Opening: A new meeting will open in Biddeford on Monday, January 15th at 6:30 pm at the YMCA.

Information Session: The Saturday, Westbrook 9 a.m. meeting will be holding an Information Session on January 20th.

Health Fair: FA will have a table at the University of New England Health Fairs in Biddeford on Tuesday March 6th and in Portland on Thursday March 8th. The fairs will be running from 9-2. Contact MEPI@foodaddicts.org if you would like to do service at those fairs.

Chapter Cancellation Policy: Winter has certainly arrived! If the Chapter is cancelled due to weather, a message is placed on the FA Maine Chapter Information phone line by 6 am on the day of the meeting.

The next FA Maine Chapter Meeting is Sunday, January 21st from 9:30-11:30am at Maine General Medical Center in Augusta. FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org.

FA Maine Chapter, PO Box 373, Augusta, Maine, 04332-0373, 207-775-2132



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BUSINESS MEETING ANNOUNCEMENTS

FA Books and Literature: Your meeting will save on shipping costs by buying FA Books and Literature at the monthly Chapter meeting. The literature table offers a selection of FA Conference approved literature. Meetings may preorder literature to be packed for pick-up by email to MEOffice@foodaddicts or mail to the FA Maine Chapter Office at P.O. Box 373 Augusta, ME 04332-0373.

Meeting Support Day: April 29th will be the date of this year's MSD. Our theme as of now is "It's All Good...The Splendor of Action". Contact MEvicechair@foodaddicts.org if you are interested in doing service for this year's MSD and would like the Conference Call number. The next Conference Call is on January 14th at 7 p.m.

PI: If your meeting is planning an Information Session, be sure to get the date and place to the PI Chair: MEPI@foodaddicts.org. in order to have it announced in the Highlights and to be listed on the FA Website Announcements.