

fa | FOOD ADDICTS *in recovery anonymous* MAINE CHAPTER of eastern area
intergroup

HIGHLIGHTS – November 2018

MEETING ANNOUNCEMENTS:

Welcome and Thank you to Kathy F. from Belfast for her willingness to step into the PI Committee Chair position.

Thank you to FA fellows from the following meetings: Andover MA, Dover and Portsmouth NH, Brunswick, Elliot, Freeport, Newcastle, Scarborough and Westbrook ME. These fellows staffed the FA Booth at the Portsmouth Naval Shipyard Health Fair on November 7th. 104 people stopped at the FA Booth to have a conversation and ask questions, many more stopped to pick up literature. At the end of the day 477 meeting directories, 96 information booklets and 36 Healthcare Brochures were distributed to fair attendees and healthcare providers.

Information Sessions are scheduled for:

* January 12th (snow date Jan. 19th) at 2pm in Rooms 1&2 at the MidCoast Hospital, 121 Medical Center Drive in Brunswick

* January 26th at 2pm at the Larrabee Village Administration Building, 30 Liza Harmon Drive in Westbrook

Deadline for Motions to be turned into MeChapter is January 1st. Submit Motions to Mariana C the Bylaws Chair at MEBylaws@foodaddicts.org

PI Service Opportunity: Phone line volunteers are needed for Monday and Thursday, 2 years of abstinence is required.

Meeting Support Day 2019: Sunday, April 28 is the date for the 2019 Meeting Support Day. It will be happening at Maine General Medical Center in Augusta. The MSD Committee welcomes new ideas and workers for all the various positions it takes to make this day happen. Please contact Marina S. at 207-522-8999 or at marinasinger@comcast.net if you would like to be part of the MSD Team.

The next FA Maine Chapter Meeting will be on Sunday December 16th from 9:30-11:30am at Maine General Medical Center in Augusta. FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org.

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Business Meeting Announcements:

Recently the Bylaws Chair was asked by meetings to research how meetings handled the following situations. Below are the questions and responses gathered from experienced members:

How do we announce fellowship gatherings for the holidays? It is suggested that we are careful to not name specific religious holidays as we do not want members to feel excluded if they are not involved in a specific religion. Suggestion around phrasing it would be: There is an upcoming holiday fellowship gathering opportunity, please come see me at the break or end of the meeting for more details.

What happens when due to unexpected circumstances, the leader for an FA meeting was not able to attend, and there is no one in attendance with 90 days of abstinence?

It is suggested that those in attendance read the format including the tools, read literature or listen to a CD or download MP3 on their phone from the FA website.

* * If there are no newcomers at the meeting the meeting may close early. This way, those in attendance are able to share the recovery literature or hear a qualification. If a newcomer does attend for the first time, they can be greeted and have the opportunity to hear the tools, stories of recovery from recordings or literature. They can also be provided with a meeting directory and a newcomer packet.

Office Committee: If your personal information has changed, please go onto the FA Website and update. If you are the Meeting Directory Contact also send your information to MEOffice@foodaddicts.org.

FA Books and Literature: The 24-Hour-A Day Book and The Little Red Book are now available at the Chapter Meeting for \$7.50 each. Meetings will also save on shipping costs by buying FA Conference Approved Books and Literature at the monthly Chapter meeting. To place an order for pick-up at the meeting call Sharon L., Literature Sales Coordinator, directly at C-207-660-3489 or H-207-465-3489 or email her at sharon.j.leighton@gmail.com. A copy of the order form has been sent to the Chapter Contact person to forward to the Literature person. You can also go to the FA Web Site for a copy of the form.

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