



MAINE CHAPTER of eastern area intergroup

HIGHLIGHTS –October 15, 2017

MEETING ANNOUNCEMENTS:

Public Information Committee:

Alma Mater Outreach: FA fellows are reaching out to their high schools and/or college health centers by writing letters explaining how food addiction impacted their school experience and sending FA literature to help reach students who might benefit from exploring FA recovery.

Health Fair: Portsmouth Naval Shipyard, Wednesday November 8th from 1-4:15 P.M.

Healthcare Brochures are available at meetings and are designed to answer questions that healthcare providers ask. Bring one to your next healthcare provider visit.

12th Step Committee:

Writing Session: Need some help getting your story down on paper? A writing session is planned for Saturday, January 6 following the Brunswick 9 a.m. meeting. The writing session lasts about 90 minutes. A bring-your-own fellowship lunch will follow afterwards in the hospital cafeteria.

Thanksgiving meetings: There will be 3 Gratitude meetings this Thanksgiving:

Wednesday, Thanksgiving Eve, Scarborough meeting 7 to 8:30 p.m.

Thursday morning Freeport meeting 9 to 10:30 a.m. Thanksgiving Day

Augusta morning meeting 10 to 11:30 a.m. on Thanksgiving Day

There will not be a ME Chapter meeting in November. EAI weekend will replace the monthly Maine Chapter meeting.

The next FA Maine Chapter Meeting is Sunday, December 17 from 9:30-11:30am at Maine General Medical Center in Augusta. FMI Contact Shirley H. at 207-837-8053, or email MEchair@foodaddicts.org

FA Maine Chapter, PO Box 373, Augusta, Maine, 04332-0373, 207-775-2132



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BUSINESS MEETING ANNOUNCEMENTS

Information Sessions: Please contact the PI chair MEPI@foodaddicts.org if your meeting is planning an Information Session within the next few months. The Chapter will provide banners and tablecloths for use at the information session, list your meeting in the Highlights and assist you in posting the session on the FA website.

FA Books: Your meeting will save shipping costs buying FA Books and Literature at the monthly Chapter meeting. If you are able to order ahead of time, your order will be processed for pick up at the Chapter meeting. However, literature is available for purchase at the meeting even if it isn't ordered ahead of time. Your meeting's literature person may preorder by email at MEOffice@foodaddicts.org or by mail at FA Maine Chapter, P.O. Box 373 Augusta, ME 04332-0373.

Home Bound Meetings: If you need help coordinating a meeting for an FA member who is hospitalized or home bound, reach out to the 12th Step Chair for support at ME12thStep@foodaddicts.org.