

Gratitude in Action

January, 2014

Welcome to the latest edition of Gratitude in Action

What is Gratitude in Action?

Gratitude in Action is a newsletter published by the WSI 12th Step Committee of Food Addicts in Recovery Anonymous (FA) to inspire you to get involved and do service so that you and others can be helped. We will bring you the latest FA worldwide information, remind you of tools and resources available within FA, and highlight upcoming FA worldwide events. Remember – “**Service keeps us abstinent!**”

A Year-At-A-Glance

This edition of Gratitude in Action will give you an idea of what to expect this year within the FA fellowship. In addition, we'll highlight some important ways you can start or continue to do service and help spread the word of FA to others. The fellowship has been very busy this past year finishing up the FA “Big Book”, completing our website and fine tuning other aspects of our fellowship to keep us running like a well oiled machine. Each year the FA fellowship grows in numbers and in strength due to the amount of service people do in the name of giving back. Here's a look ahead:

FA Business Convention

- June 6-8, 2014
- Double Tree by Hilton Hotel, Danvers, MA
- Applications are being accepted for the following FA World Service, Inc. (FA WSI) officers and committee chair positions: Chair, Vice-Chair, Convention Planning Chair, Traditions Review Chair, Bylaws Chair, Office Chair, and The Connection Chair
 - If you are interested in applying for any of the above positions, please fill out the application form which you can access through this link:
http://www.foodaddicts.org/pdfs/2014_Bus_Convention/2014_Board_Application_Form-rev.pdf
- For more information about the 2014 Business Convention visit:
<http://www.foodaddicts.org/members-business-convention>

FA Fellowship Convention

- October 24-26, 2014
- Santa Clara Marriott, Santa Clara, CA
- The theme this year will be “Strength through Fellowship”
 - The conference will include meetings, panel discussion and qualifications all focused on strengthening our recovery through fellowship
 - If you're looking to do service at the Fellowship Convention email
fellowshipconvention@foodaddicts.org
- For more information about the 2014 Fellowship Convention visit:
<http://www.foodaddicts.org/fellowship-convention>

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### **Chapter Region, Meeting Support Weekend:**

- November 8-9, 2014
- Holiday Inn, Dedham, MA
- All FA members are invited to attend
- Registration will be on the FA website starting in September
- There is no fee to register, but a reasonable fee is charged for meals
- Members can call Paul B. at [508-648-7898](tel:508-648-7898) or email at [eaichaptersupport@foodaddicts.org](mailto:eaichaptersupport@foodaddicts.org) if there are any additional questions

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Thank-A-Thons

A DAY OF GRATITUDE. Every year in the United States on Thanksgiving Day FA offers special meetings for our members, friends and family to provide each other with support and to express our gratitude. These 2-hour meetings are called Thank-a-thons and have two speakers sharing Experience, Strength and Hope around the theme of Gratitude.

For more specific details about the 2014 Thank-a-thons, check the FA website later this year.

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### **Information Sessions**

Information Sessions are happening all around the country at various times of the year to spread the word of FA to those still suffering. This is a great way to do service and help your area grow the fellowship. For the specifics on Information Sessions happening in your area, check with your local chapter, area Intergroup or the FA website.

Do you have feedback for Gratitude in Action?  
Please email your comments to [GIA@foodaddicts.org](mailto:GIA@foodaddicts.org).