



## **MEDIA ADVISORY**

### **650 FOOD ADDICTS FROM 29 STATES, 6 COUNTRIES GATHER FOR BI-ANNUAL CONVENTION**

**WHAT:** More than 700 Food addicts from 29 states and 6 countries including Kenya and Tasmania are expected to meet in San Francisco to share stories of recovery from food addiction.

**WHEN:** Fri., Sept. 23<sup>rd</sup>  
Sat., Sept. 24<sup>th</sup>  
Sun., Sept. 25<sup>th</sup>

**WHERE:** San Francisco Airport Marriott  
1800 Old Bayshore Highway  
Burlingame, CA 94010

#### **BACKGROUND:**

Founded in 1998, [Food Addicts in Recovery Anonymous \(FA\)](#) is an effective, long-term solution to food addiction, whether one is an under-eater, overeater, bulimic, or otherwise obsessed with food, weight or exercise. The fellowship of FA spans over 40 states in the U.S. and countries including Australia, Canada, France, Germany, Israel, Japan, New Zealand, United Kingdom, Kenya and Tasmania. In the U.S., there are more almost 500 weekly [FA meetings](#). Membership in FA is free and is open to anyone who wants to recover from food addiction. The number of FA members is estimated at 4,044 worldwide.

According to the most recent FA membership survey, 49 percent report being free from addictive eating for 13 months to 5 years; 44 percent have had a normal body size for 13 months to 5 years. Some members have maintained a weight loss of as much as 200 pounds for two decades.

The number food addicts registered for attendance at this year's convention exceeds 650. Attendees are expected from 29 states in the U.S. and 6 countries from as far away as Kenya and Tasmania.

**If you are wondering if you are a food addict**, FA suggests answering the 20-questions posted on the organization's website under the "[Who Me?](#)" tab. The first 2 are listed below.

1. "Have you ever wanted to stop eating and found you just couldn't?"
2. "Do you think about food or your weight constantly?"

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