

FA EAI Intergroup Contact Response for Service Inquiries
May 28,2013

Please send the following:

1. Cover letter (template below)
2. EAI Description (attached)
3. EAI Committee Descriptions
4. EAI Contact Call information (insert below)
5. EAI Chair's and EAI Committee Chairs' contact info (attached)
6. 12th Step Orientation Conference Call (information below)

Dear [Name],

Your Eastern Area Intergroup (EAI) welcomes you as a new FA/EAI meeting contact. Thank you for your interest in EAI.

We have attached a document with the EAI description to help you further understand EAI and its purpose, as well as contact information for the EAI Chair and each of the EAI Committee Chairs.

There are four ways for you to do service with EAI:

1. Certain EAI committees are able to accommodate long-distance participants via conference call. These committees are: Chapter & Region Support, *connection*, PI (Public Information), and Teens & Twenties. Please contact the corresponding Committee Chair and they will guide you through this process (see attached Committee Chair contact sheet).

2. In addition to joining committee meetings by phone, there are additional opportunities for you and other long-distance members to do various kinds of committee-based service. Again, please contact an EAI Committee Chair for details.

3. We invite you to join the EAI Contact conference calls, which are held every other month. These calls provide valuable information for those interested in doing FA service, and offer an opportunity to connect with others who are currently doing service. Please contact the EAI Vice Chair, Courtney, for information about the EAI Contact conference calls: eaivicechair@foodaddicts.org

The next EAI conference call is [June 23, 2013 at 2pm Eastern Time]. To connect, call (605) 475-5950 and enter access code: 824255#

Please feel free to contact the EAI Chair, Vice Chair or any of the Committee Chairs with any questions, concerns, or suggestions on how your Intergroup can serve you.

4. We also invite you to join the 12th Step Orientation conference calls where we will discuss the *Resource Guide for EAI meetings*, which are held every three months. These calls are designed to show you all of the available support for

meetings and fellows within EAI. Please contact the 12thstep committee chair, Deb H., for a copy of the *Resource Guide for EAI meetings* and information about this call: ea12thstep@foodaddicts.org

Again, thank you for your willingness to do service.

The Eastern Area Intergroup
George M., Chair
eaichair@foodaddicts.org

Eastern Area Intergroup (EAI) is a regional association between FA and meeting groups and Chapters. Within EAI, there are approximately 308 meetings registered. There are approximately 2000 members spread across the United States in 24 states (DC, DE, FL, GA, IL, IN, KY, MA, MD, ME, MI, NC, NH, NJ, NY, OH, PA, RI, SC, TN, VA, VT, WI, and WV) and the United Kingdom, Eastern Canada, Israel, and Germany. There is one Chapter affiliated with EAI: Maine.

The Purpose of EAI is:

- a. To further the FA program in accordance with the Twelve Steps and Twelve Traditions of FA;
- b. To maintain a communication center for all FA Meeting Groups, Local Service Committees, and Chapters affiliated with FA-EAI;
- c. To provide unity for all FA Meeting Groups, Local Service Committees, and Chapters affiliated with FA-EAI;
- d. To educate the public about the FA program.

Overriding Goal of EAI:

The overriding goal of 2012 for EAI is:

To strengthen our Fellows and meetings through improved communications using phone, internet, email and face to face events, so that we can better support each other as we strive to reach the suffering food addict.

EAI continues to focus on outreaches and look at ways to serve the meetings in our defined area from Chicago to Frankfurt. Our Committees and Executive Board strive to offer programs that benefit: (a) our meetings, chapters, and Local Service Committees (b) WSI (c) our existing Fellows, so that they will be able to continue in their abstinence and (d) the sick and suffering Food Addict who has not yet found FA.

EAI Committees:

The Bylaw Committee

Chapter and Region Support Committee.

connection Committee
Convention Resource Committee
Office Services and Support Committee
Public Outreach Committee
Public Information
Regional Outreach
Teens and Twenties Committee
12th Step Committee

The Executive Board:
Chair
Vice-Chair
Treasurer
Secretary

EAI Committees' Descriptions
For New FA Web Site
August 27, 2012

The Office Services and Support Committee is largely action-based with short-term and long-term goals to help foster communication among EAI, its chapters and regions, overall fellowship, and potential new members. Our services include maintaining local FA-EAI meeting registration records, responding to voicemail and e-mail inquiries from newcomers and active members, and updating the Massachusetts meeting directory. In addition, the committee creates instructional kits that support service positions in meetings. We participate in projects from the World Service Inc. (WSI) Office Committee, such as generating suggestions for the new website design, developing useful databases, and supporting the yearly census.

The Public Outreach committee

This committee was created in response to a need to increase public information leadership in EAI. Its goal is to assist existing PI and Teens and Twenties committees to continue their ever-growing efforts to promote public awareness of FA.

The Public Information committee conveys information about the FA program to the general public, including individuals and professionals. The committee organizes FA brochures and information to be made available to business professionals, to doctors' offices, and to the media. The committee also helps individual FA meetings plan FA information sessions in their area. If you have any questions about newspaper articles, radio, or TV advertising, you should consult this committee.

The Teens and Twenties committee carries the message of FA to young people by sending mailings to schools and by planning outreach events for interested groups whose primary membership is young people. If a school contacts FA, the Teens and Twenties committee may arrange for a panel of FA members to speak at the school.

The Chapter and Region Support committee provides support to the existing chapters and regions in FA/EAI, and assists in the development of new chapters as needed.

The Twelfth Step committee supports the message of recovery by assisting in updating the WSI FA On the Frontier Sponsor list (formerly called the long

distance sponsorship list) and the twelfth step list; by organizing personal visits to food addicts requesting support (twelfth step calls); by providing speakers to outlying meetings; by arranging commitments to FA meetings; by coordinating holiday “share-a-thons”; and by providing partial travel money for meetings in need of people to qualify.

The Convention Resource committee works to support and encourage the attendance of FA members at the annual FA/WSI business convention. It also evaluates written applications for financial aid for voting members wishing to attend the convention. In order to protect the anonymity of its financial aid applicants, membership to this committee is by invitation, and the meeting is closed to visitors. Those interested in joining this committee should speak to its chair.

The *connection* committee supports the FA magazine by assisting in gathering a group of writers and artists from the areas EAI serves; by creating a *connection* representative network within the EAI area; by increasing the use of the magazine to support both FA members and new/small/outlying meetings and by obtaining feedback from EAI members with regard to improving the content and design of the magazine and providing that feedback to the *connection* Magazine Committee at the World Service level.

The Bylaws committee ensures that FA/EAI complies with its own governing requirements. The committee develops and maintains the bylaws, continuing effect motions, and policies and procedures of the organization. Membership on this committee is by invitation only, but visitors are always welcome.

Eastern Area Intergroup
PO Box 490551, Everett, MA 02149
781.438.9700
eaioffice@foodaddicts.org

EAI Officer and Committee Chairs Contact Information

The Eastern Area Intergroup officers who were elected in JUNE 2012 are as follows:

<i>Chair:</i> George M.	781-449-2638	eaichair@foddaddicts.org
<i>Vice-Chair:</i> Courtney G.	617-413-0676	eaivicechair@foodaddicts.org
<i>Treasurer:</i> Colleen B.	978-532-5769	eaitreasurer@foodaddicts.org
<i>Secretary:</i> Elizabeth D.	978-582-1632	eaisecretary@foodaddicts.org

The current committee chairs are as follows:

<i>Bylaws:</i> Jen N.	978-263-5089	eaibylaws@foodaddicts.org
<i>Chapter & Region Support:</i> Paul B.	508-648-7898	eaichaptersupport@foodaddicts.org
<i>Financial Resource:</i> Kim B.	508-360-5158	eaiconventionresource@foddaddicts.org
<i>connection:</i> Kate P.	617-892-3993	eaiconnection@foodaddicts.org
<i>Office Services & Support:</i> Mari L.	617-519-6945	eaioffice@foodaddicts.org
<i>Public Information:</i> Christine W.	781-696-3479	eaipi@foodaddicts.org
<i>Public Outreach:</i> Christine W.	781-696-3479	eaipublicoutreach@foodaddicts.org
<i>Region Outreach:</i> Patty R.	207-233-7947	eairegionoutreach@foodaddicts.org
<i>Teens & Twenties:</i> Jen L.	617-620-1472	eaiteensandtwenties@foodaddicts.org
<i>12th Step:</i> Deb H.	978-283-8289	eai12thstep@foodaddicts.org

(Please keep in mind that not all individuals check email daily. If you do not receive a reply to your email within 48 hours, please call on the phone.)

**refer inquires for insurance for EAI meetings to Colleen B., Treasurer*