

2019 FA World Service Business Convention

MOTION - to approve “Food Addiction and the FA Solution” as FA
Conference-approved literature

Short name: “**Food Addiction and the FA Solution**” Motion

Motion: The Literature Committee moves to approve the “Food Addiction and the FA Solution” pamphlet for distribution to the fellowship and, specifically, to place it on the literature table as FA Conference-approved literature.

If this motion proposes a change in an already established bylaw, policy, or continuing effect motion, please indicate the *current* wording.

This motion is not a change to any bylaw, policy or continuing effect motion. “Food Addiction and the FA Solution” does not replace any presently available piece of literature.

Please indicate your proposal for the *changed* wording.

Please refer to the pamphlet text attached.

What do you hope to accomplish through this motion, and how will it strengthen the effectiveness of WSI/FA service?

The Writing and Editing Subcommittee of the Literature Committee has developed this text with a great deal of care and consideration. This pamphlet is intended for anyone interested in learning about food addiction and FA’s solution, including newcomers, family members, researchers, and anyone trying to help a food addict. Its purpose is to concisely describe the illness of food addiction and to explain the basic structure of the FA solution, making clear that we are neither a diet program nor a support group and that we offer a spiritual solution. This pamphlet is important because currently FA lacks a concise description of food addiction, the FA solution, and the Twelve Steps. The FA book explicitly explains what FA is, how it is different from other programs, and why it works, but the book can be intimidating to someone wanting a quick answer.

The pamphlet received many rounds of feedback from small committees to our larger fellowship which were incorporated into the final version of the pamphlet.

“Food Addiction and the FA Solution” has been endorsed by both the Literature Committee and the World Service Board.