

DRAFT 2019 Fellowship Convention Schedule

Friday, October 25

Time	Activity
8:30 AM-5:00 PM <i>(closed 12-1:00pm)</i>	Registration badge and packet pick-up, message board, help desk
9:00 AM-10:30 AM	FA Meeting discussion format, 90+ days of abstinence to share
10:45 AM-11:30 AM	Convention Orientation & Resort Tour convention intro and walk around resort
10:45 AM-12:00 PM	Meet & Greet spending time with friends old and new, drop in or stay
12:00 PM-1:30 PM	Lunch bring your own
2:00 PM-3:00 PM	Restorative Yoga all levels, taught by FA member, set to music
2:00 PM-3:00 PM	Walk & Talk all levels
2:00 PM-4:00 PM	Armchair Activity board games and puzzles
2:00 PM-4:00 PM	Water Volleyball all levels, drop in or stay
3:45 PM-4:30 PM	Convention Orientation & Resort Tour convention intro and walk around resort
4:00 PM-5:30 PM	Meet & Greet spending time with friends old and new, drop in or stay
5:30 PM-7:00 PM	Dinner
7:30 PM-9:00 PM	FA Meeting discussion format, 90+ days abstinence to share
9:00 PM-11:30 PM	Karaoke sing your heart out

Saturday, October 26

6:00 AM-7:00 AM	Restorative Yoga all levels, taught by FA member, set to music
6:00 AM-7:00 AM	Walk & Talk all levels
7:00 AM-8:30 AM	Breakfast
7:15 AM-8:15 AM	Registration badge and packet pick-up, message board, help desk
8:30 AM-9:00 AM	Convention Welcome & Announcements Vice-Chair & Convention Planning Chair
9:00 AM-10:30 AM	FA Meeting 90+ days abstinence to share
10:45 AM-12:15 PM	Sharing Session (topic TBD) 90+ days abstinence to share
	Sharing Session (topic TBD) 90+ days abstinence to share
	Speaker Qualification Recording Session listen to a live qualification
	connection Writing Session write your recovery story in a group setting
12:15 PM-1:30 PM	Lunch
1:45 PM-3:15 PM	Sharing Session (topic TBD) 90+ days abstinence to share
	Sharing Session (topic TBD) 90+ days abstinence to share
	Speaker Qualification Recording Session listen to a live qualification
	connection Art Session create art in a group setting
3:30 PM-4:30 PM	Latin Fusion Dance Fitness taught by FA member, set to music, all levels
3:30 PM-5:00 PM	Armchair Activity board games and puzzles
3:30 PM-5:00 PM	Water Volleyball all levels, drop in or stay
5:30 PM-7:00 PM	Dinner
7:00 PM-11:00 PM	FA Dance & Photo Booth dance your heart out

Sunday, October 27

6:00 AM-7:00 AM	Restorative Yoga all levels, taught by FA member, set to music
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6:00 AM-7:00 AM	Walk & Talk <i>all levels</i>
7:00 AM-8:30 AM	Breakfast
8:30 AM- 9:30 AM	Sharing Session (topic TBD) <i>90+ days abstinence to share</i>
8:30 AM- 9:30 AM	Sharing Session (topic TBD) <i>90+ days abstinence to share</i>
8:30 AM- 9:30 AM	connection Writing Session <i>write your recovery story in a group setting</i>
8:30 AM- 9:30 AM	connection Art Session <i>create art in a group setting</i>
9:30 AM- 10:00 AM	Break
10:00 AM-11:30 AM	Sharing Session <i>15+ years abstinence to share</i>
11:30 AM-12:00 PM	Convention Farewells & Announcements <i>WSI Chair & Convention Planning Chair</i>
12:00 PM-1:30 PM	Lunch/Boxed Meal Pick-up <i>pre-purchased meal or bring your own, eat in or take away</i>

* Microwaves and refrigerators are available 24 hours/day in our Hospitality Suite

* A designated “quiet room” will be available throughout the weekend (no talking or use of electronics)