

Why you should attend:

- Do service by showing up for others in FA
- Exchange ideas about helping newcomers and strengthening meetings
- Make new connections with FA members from other areas
- Put faces with names of FA members you have called but not met
- Share mealtimes, laughter, and hope with others in FA

*In case of inclement weather,
please call Pat H. at 607-882-0445*

Hope to see you there!

DIRECTIONS

From the East

From the NY State Thruway. Take exit 34A to merge onto I-481 S toward Syracuse. Take exit 3W for NY-5 W/NY-92 W toward Dewitt. Turn right onto NY-5 W/NY-92 W. Continue straight onto NY-92 W/E Genesee St. May Memorial will be on the left.

From the West

From the NY State Thruway. Take exit 39 toward I-690 E. Keep right at the fork, follow signs for I-690 E/Fairgrounds/Syracuse. Use the right lane to take exit 16N-16S-17 to merge onto NY-635 S/Thompson Rd toward E Syracuse. Turn right onto Radcliffe Rd Turn left onto Manor Dr. Turn left onto E Genesee St May Memorial will be on the right.

From the South

From 81 Take exit 16A for Interstate 481 N toward Dewitt. Continue onto I-481 N. Take exit 3W for NY-5 W/NY-92 W toward Dewitt. Slight right onto NY-5 W/NY-92 W. Continue straight onto NY-92 W/E Genesee St. May Memorial will be on the left

From the North

From 81 Take exit 29 S for Interstate 481 S toward Dewitt. Continue onto I-481 S. Take exit 3W for NY-5 W/NY-92 W toward Dewitt. Turn right onto NY-5 W/NY-92 W. Continue straight onto NY-92 W/E Genesee St. May Memorial will be on the left

Registration

Register at this web address;

<http://tinyurl.com/NYFellowshipDay>

or find the link on the FA Website
www.foodaddicts.org



FOOD ADDICTS
in recovery anonymously

FA NEW YORK FELLOWSHIP DAY



Saturday, October 1, 2016
12:30 – 7:30 p.m.

**May Memorial Unitarian
Universalist Society
3800 E. Genesee St.
Syracuse, NY 13214**

**Sponsored by Central and
Western New York Local
Service Groups**

TENTATIVE AGENDA

- 12:30 **Fellowship Lunch**
(BYO - limited microwaves available)
- 1:30 **Registration & Fellowship:** Check-in and "Getting Acquainted" exercise to get to know attending fellows from all over New York, US and Canada.
- 2:00 **Breakout session #1:**
A facilitated discussion of best practices (Choose one):
- Helping the Newcomer
 - Keeping our Meetings Strong
- 3:30 **Break**
- 4:00 **Breakout session #2:**
A facilitated discussion of best practices (Choose one):
- Helping the Newcomer
 - Keeping our Meetings Strong
- 5:30 **Fellowship Dinner**
(BYO - limited microwaves available)
- 6:30 **FA Jeopardy / Raffle Drawing**
- 7:30 **Closing Serenity Prayer**

GENERAL INFORMATION

NO COST!

Donations to cover costs will be gratefully received onsite.

LOCATION

Syracuse was chosen because it is central to NY State.

May Memorial Unitarian Universalist Society
3800 E. Genesee St
Syracuse, NY 13214

LUNCH and DINNER

Limited microwaves are available.
Please bring your own meals and plan accordingly.

LODGING

Need a place to stay? Please contact Margaret H. at 585-465-0530

RIDESHARING

If you need a ride or are able to provide one, please indicate so on the registration form. Contact Lou C at 585-705-4477 with questions.

GREEN EVENT

Please bring non-disposable items. Washing facilities will be provided along with a limited number of mugs and plates.

PLEASE REGISTER

Before September 15, 2016

Register at this web address;
<http://tinyurl.com/NYFellowshipDay>

or find the link on the FA Website
www.foodaddicts.org

AREA FA MEETINGS

FRIDAY

Colonie, NY, 9:30 am, Pine Grove Methodist Church, 1580 Central Ave, Colonie, NY 12208 (about 2 hrs away) Contact: Thea C. 518-863927 or Sara R. 518-225-0892

Rochester, NY, 10:30 am, Grace Family Medicine, use side entrance at 350, 340 Arne Blvd., Rochester, NY 14619 (about 2 hrs away) Contact: Linda W. 585-436-6009

SATURDAY

Henrietta, NY 8:30 am, St. Peter's Episcopal Church, 3825 E. Henrietta Rd., Henrietta, NY 14586 (about 1.5 hrs away), Contact Sandra 585-301-7612

Rensselaer, NY, 9:00 am, The Church of St Mary, 163 Columbia Tpke, Rensselaer, NY 12144 (about 2 hours away), Contact: Ginny 518-465-5469 or Emily C. 518-366-0902

SUNDAY

Rochester, NY, 3:00 pm, Grace Family Medicine, use side entrance at 350, 340 Arne Blvd., Rochester, NY 14619 (about 1.5 hrs away), Contact: Yvonne 585-436-4606

Ithaca, NY, 4:00 pm, Ithaca Community Recovery Center, 518 W. Seneca St., Ithaca, NY 14850 (about 1 hr 15 mins away), Contact Ann H. 607-277-3260 or Paula K. 607-564-3444

Avon, NY, 7:00 pm, Avon United Methodist Church, 130 Genesee St., Avon, NY 14414 (about 1.5 hrs away), Contact Barb P. 585-792043

*For other meetings please check
www.foodaddicts.org.*